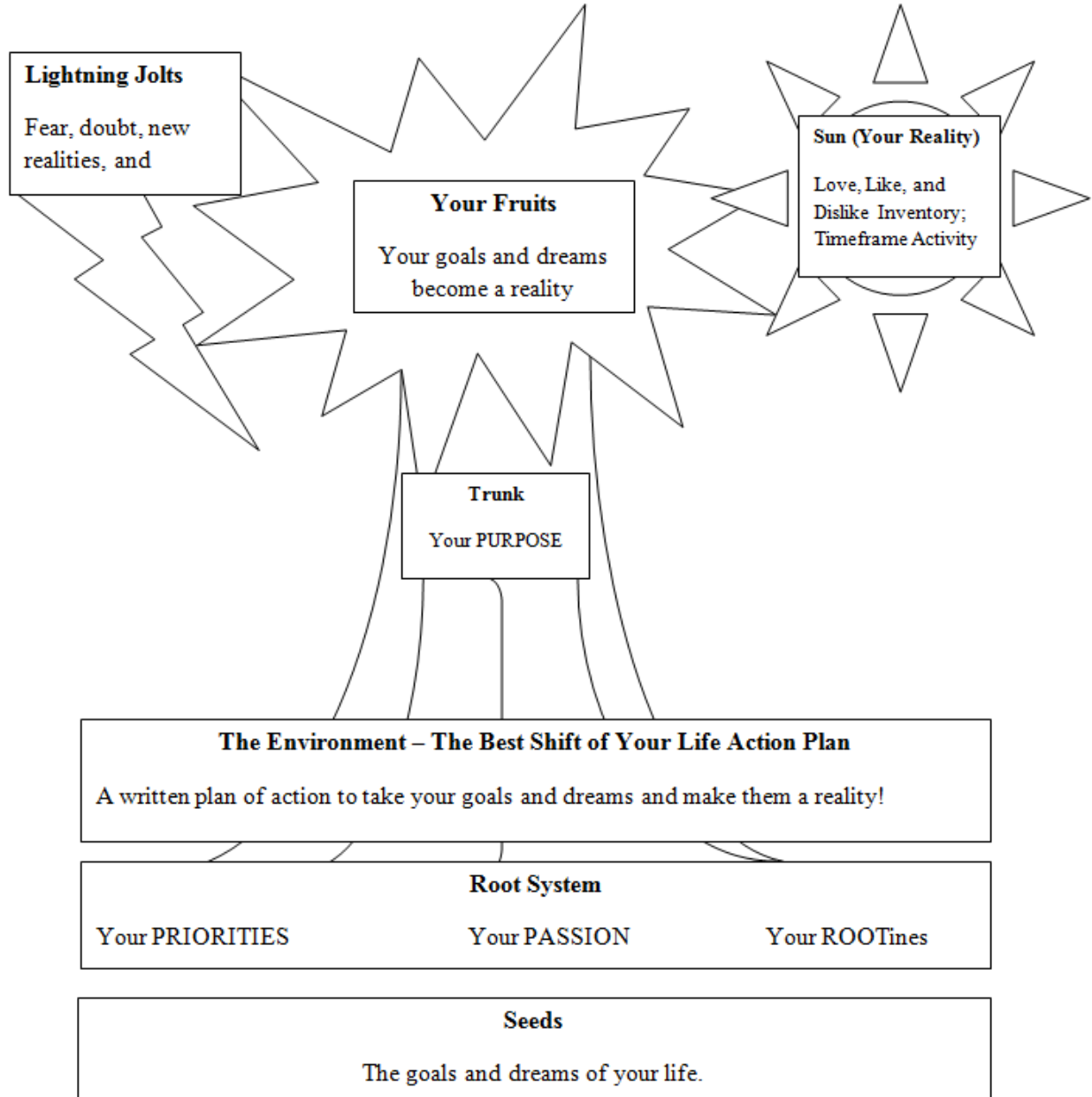


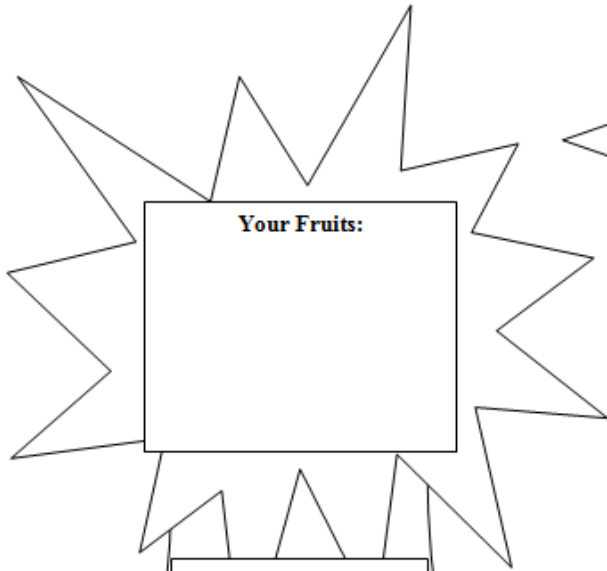
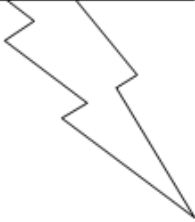
Closing Shift

Closing Checklists - ROOTines for Success Grow Your Own “Roots to Fruits”

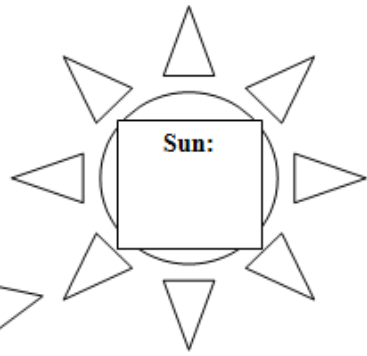
Go back to your “One Dream” activity at the beginning of the book. Using your responses to the questions below, fill in your own tree and see your fruit grow.



Lightning Jolts:



Your Fruits:



Sun:

Your Life's Purpose:

Your Life-Shift Plan:

Roots:

Seeds:

Closing Shift

Closing Paperwork - Giving Back Action Plan

Where do you start?

The idea of giving back is equally important in the best shift of your life, too! A question frequently asked is, “Where do I start?” Start right here, right now. The more you choose to give, the more you live. By answering the following questions, you will create your own “blueprint” for giving.

- 1) Do you want to make the choice to give back? Why?
List your reasons for why you want to give back.

- 2) What benefits will you realize by giving back?
List the benefits you will gain from giving back.

- 3) Who do you want to share your fruits and gifts with?
List the causes, people, or organizations that interest you.

- 4) What do you want to give?
Evaluate your current priorities, and think of meaningful gifts you can share.

- 5) How will you give back?
Research the five causes, people, or organizations you have identified in order to understand ways that you can best be involved.

- 6) Pick one of your five choices and write it below.

- 7) Write one action you can take in the next thirty minutes to give back.

- 8) Write one action you can take in the next twenty-four hours to give back.

9) Write one action you can take in the next week to give back.

10) How will you measure your success?

Congratulations! You are on to your next journey. By giving more, you choose to live more, and you ultimately create the best shifts of your life!